



RIVERWOOD CENTER  
(269) 925-0585



RED LOTUS NUTRITION

## High Protein Organic Salads

\$13.99 Medium Organic Salads {32oz. & 30g Protein}

\$15.99- Large Organic Salads {48oz. & 50g Protein}



**Protein options:** Grilled Chicken Breast, Ground Sirloin, Ground Turkey, Italian Ground Turkey

**Vegetarian Options:** Ope's Black Bean Burger, Ope's Red Kidney Bean Burger, or Pea Protein Burger

**Cherry Almond Chicken:** Bed of Organic greens topped with dried organic cherries, cucumber, honey roasted almonds, feta cheese, and your choice of protein. Served with balsamic or poppyseed dressing.

**Zesty Greek:** Bed of Organic romaine blend topped with mild & tangy banana peppers, bell peppers, cucumbers, feta cheese and your choice of protein. Served with House Greek dressing.

**Fiesta Turkey Taco:** Bed of Organic romaine blend topped with fire roasted corn & black bean, sweet & spicy jalapenos, cheddar cheese, and your choice of protein. Served with organic mild taco ranch or fiesta ranch.

**Cranberry Pecan Chicken:** Organic greens blend, diced cucumbers, dried cranberries, candied pecans, pumpkin seeds, goat cheese. Served with house cinnamon balsamic dressing.

**Romano Chicken Caesar:** Bed of organic romaine blend topped with parmesan cheese, cucumbers, tomatoes, Italian seasoning, Romano Caesar dressing, and pumpkin seeds.

## Protein Packed Wraps

(All wraps made with organic greens and 5-6oz. protein)

{ \$13.99 Per Wrap } { 3 Pack of Wraps- \$38.97 }



**Protein Choices:** Chicken Breast, Ground Sirloin Burger, Turkey Burger, Black Bean Burger, Pea Protein Burger

**Sriracha Ranch:** Your choice of protein, cheddar cheese, sweet & spicy jalapenos, and cabbage kale blend.

**Buffalo Alfredo:** Choice of Protein, Organic Avocado Buffalo Alfredo, Shredded Parmesan, Peppers & Onions

**Korean BBQ:** House Korean BBQ Sauce, Crunchy Cabbage Greens, Caramelized Onions, Choice of protein

**Fiesta Taco:** Choice of protein, corn & black bean, diced tomatoes, cheddar, Mild taco ranch or sriracha ranch.

**Zesty Greek:** Your choice of protein, mild & zesty banana peppers, greek dressing, feta cheese & greens blend.

**Sriracha BBQ & Goat Cheese:** Your choice of protein, organic greens blend, fresh goat cheese & sriracha BBQ.

**Basil Pesto:** Your choice of protein tossed in house Pesto, grilled peppers & onions, and parmesan cheese.

**Sweet Italian:** Choice of Protein tossed in Organic Marinara, Fresh Bell Peppers, Fresh Mozzarella, & Sweet Italian Herb Blend

Please submit your orders by **6pm** on Tuesdays for at Thursday Delivery  
between 11am and 11:30am. Please visit

[www.RedLotusNutrition.com/Riverwood](http://www.RedLotusNutrition.com/Riverwood) or Call us (269)934-5079



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